



ANGRY MEATBALLS
SPICY SAUSAGE, RED
PEPPER FLAKES BRING
ON THE HEAT {page 13}

THRASHING MADNESS
A TRIO OF GRINDCORE
COMEBACKS AT
METALFEST {page 10}



PLUSH
BURGUNDY BURNS
UP THE LONDON
CATWALKS {page 12}



WINNIPEG

metro®

Thursday, February 23, 2012
www.metronews.ca



News worth
sharing.

'The most hated man in hockey' apologizes

JOHN WOODS/THE CANADIAN PRESS

► Crown asks that Graham James serve six years ► Defence lawyer wants conditional 12-18 month sentence for disgraced coach
► Judge reserves decision until March 20

One of Canada's most abhorred sex offenders and notorious former junior coaches stood in a courtroom Wednesday and apologized for the sexual abuse which shattered the trust of the hockey world and the lives of some of its most promising players.

"I stand before you with regret, a word which has been described as insight that comes one day too late. I also stand before you to apologize," Graham James read from a prepared statement at his sentencing hearing in Winnipeg.

"I apologize to the Canadian hockey public whose interest in the national game should be found in celebration, not trouble like what I've caused.

"I apologize to the institution of hockey, which I once belonged to, to the many good people who work only for the betterment of the sport and those under their care, an institution which found itself under a spotlight that my actions switched on."

He apologized to the people and fans in the communities where he coached, as well as those "innocent people who were asked questions with unknowable answers."

James also apologized to the players he coached whose only motivation was the love of hock-

ey and the desire to win.

"Parents expected their sons to be safe. Not all were. I apologize to the parents and the families of those most personally affected. I knew you. I liked you and I abused the trust you put in me.

"The fault is mine alone."

He saved the most direct apology for last.

"Finally, and most importantly, I apologize to Thereon Fleury and to Todd Holt, against whom I have offended. I wanted the best for you but I did not give you my best," he said.

"My actions forfeited our friendship. It is sad irony that it is you being among the persons I liked the most, today like me the least," he said, his voice faltering briefly.

"I am deeply sorry. I was wrong."

James, 59, pleaded guilty in December to sexually abusing Fleury and Holt when they played for him in the Western Hockey League in the 1980s and '90s.

The Crown outlined earlier how James would groom his victims for the sexual abuse to come, then hold them in his sway by threatening to take away the hockey they so dearly loved.

THE CANADIAN PRESS



► Former hockey player Todd Holt, left, walks out of court with supporters at the Graham James sentencing hearing in Winnipeg, Wednesday.

Revered to reviled

- Attorney Colleen McDuff said James' players looked up to him because he was highly respected in the hockey world. They also believed — and were told by the coach — that he could make or break their careers.
- Two of those players, Fleury and his cousin Holt, were teenagers hoping to make it big. Court heard both of their lives were almost

destroyed as they struggled with their demons for years before coming forward to police with their accusations.

- James was eventually arrested and faced a total of nine charges dating back between 1979 and 1994 involving Fleury, Holt and Greg Gilhooly, who never played for James but who said he was also abused by him. The charges involving Gilhooly were stayed.
- It was not the first time James was

charged. He pleaded guilty to sexual abuse against former NHLer Sheldon Kennedy in 1997. He served about 18 months of a 3 1/2 year-sentence.

- Defence lawyer Evan Roitenberg said James' punishment has gone beyond the year-and-a-half he spent in prison after his conviction in 1997. He said his client has become "the most hated man in Canada, certainly the most hated man in hockey."

1

news



Vacations tend to be about the destination, but the journey is the draw for those at the "ultimate airplane nerd" fantasy camp.

- 1 Download the free ScanLife app with your smartphone at 2dscan.com
- 2 Use your smartphone to scan 2D barcodes in Metro
- 3 The codes will direct your mobile browser to m.metronews.ca

On the web at metronews.ca



World economies are awash in stimulus funding, which is good news for the markets. Allan Small has more at metronews.ca/investing

Follow us on Twitter @metrowinnipeg

'Biggest ever' year for comedy festival

If the world truly does end when the Mayan calendar stops on Dec. 21 this year, the 2012 Winnipeg Comedy Festival hopes we'll at least go laughing.

Organizers unveiled their lineup for the 11th annual festival of funny on Wednesday.

"This is our biggest festival ever," said artistic director Al Rae. "It's 10 days, we have almost 50 shows, and it's going to be a big event."

Rae announced Canadian icon Alan Thicke (Growing Pains, The Alan Thicke Show), sitcom star Caroline Rhea (Sabrina the Teenage Witch, The Carline Rhea Show), and comedian Harland Williams (Dumb and Dumber, Half Baked) will host a gala celebrating character-based comedy this year.

Comedians scheduled to hit stages around the city include Sean Cullen, John Wing, Kevin McDonald and Scott Thompson among many others.

The festival runs April 5-15 and tickets are now available at winnipegcomedyfestival.com or by calling Ticketmaster at 1-855-985-5000 or the Gas Station Arts Centre. **SHANE GIBSON**



▶ Alan Thicke



▶ Shock Trauma Air Rescue Society flight nurse Shell Ryan, right, shows Health Minister Theresa Oswald the inside of the service's helicopter ambulance on Wednesday.

Province inks deal with helicopter ambulance

▶ 10-year agreement keeps service flying in Manitoba ▶ Three registered nurses and four paramedics will be ready on a moment's notice



SHANE GIBSON
@METRONEWS.CA

The Province of Manitoba has signed a \$100-million service agreement with the Shock Trauma Air Rescue Society (STARS) to keep the service's helicopter ambulance saving lives in the province for the next 10 years.

"STARS... is now a member of the health-care system working with dispatch, EMS, fire and police — we're here as one component," said STARS president and chief operating officer Andrea

Robertson, who joined Health Minister Theresa Oswald to announce the partnership Wednesday. "It's care for Manitobans by Manitobans."

A permanent Manitoba crew of 14 paramedics, nurses and pilots have been trained and are ready to take off to anywhere in the province in an emergency.

The chopper, which can carry two passengers at a time, is equipped with nearly everything found in a hospital, and emergency care can be administered while enroute to the nearest hospital. It can also be used as a

By the numbers

- ▶ **55:** The number of minutes it takes the helicopter to get to Brandon from Winnipeg.
- ▶ **\$3 million:** The approximate cost of a helicopter ambulance.
- ▶ **8:** the number of minutes it takes for the chopper and its team in the air after receiving a call.

mobile emergency room on the ground.

In the new agreement the

province will give STARS roughly \$10 million every year for 10 years to cover the helicopter, maintenance, training and other operational costs.

The Alberta-based helicopter ambulance service has responded to more than 150 emergencies since it began operating in Manitoba in April 2011.

"Medical professionals tell us, that without a doubt, 50 peoples' lives were saved that would not otherwise been saved," said Oswald of the rescues. "This is the difference between life and death."

Dumpster homicide victim named

A man has been named in Winnipeg's fifth homicide.

Darren Robert Monias, 42, was identified as the victim in a bizarre killing that police are releasing few details on.

Officers arrested Emery Miles McLeod, 38, at his Tomas Berry Street residence Tuesday night. McLeod and the victim lived together.

Police are still not confirming media reports that a homeless man found one or two severed hands in a dumpster on Donald Street Monday.

Police swarmed the dumpster, sandwiched between a high-rise apartment block on Smith Street and the Dhoom Restaurant and Lounge, Monday morning on Donald Street after

an individual found "items of concern," police said.

A large area was enclosed with police tape as investigators with white masks and coveralls roused through the dumpster.

Police would not say where Monias' body was found, but media reported his body was found in "several dumpsters."

● ELISHA DACEY

News in brief

Snowmobiles, ATVs banned

COUNCIL NEWS. Winnipeg city council has officially forbidden the operation of a snowmobile or an ATV within city limits.

The new rules, which apply to public property only, take effect Nov. 1.

● METRO

Waterpark funds floating

Mayor Sam Katz told council Wednesday there is still \$7 million set aside in a fund for a waterpark. Katz was responding to a query from Coun. Jenny Gerbasi about the money, and told her a proposal may come forward as soon as March. If a waterpark proposal does not appear, the money will be given to local community centres. ● METRO



Home Phone



All Features
FREE

Risk FREE Trial

Try our home phone absolutely FREE! If you're not 100% satisfied, you pay nothing!

Unlimited
Local

Unlimited local calls plus
over 14 FREE features.



**Unlimited
Canada**

All the features FREE plus
unlimited Canada wide
long distance



Unlimited Global

Unlimited long distance to almost 60 countries plus all features FREE



Limited time offer

6 Months FREE



1-866-210-0444

www.comwave.ca

[illegible]

Will this man live or die?

► The only Canadian on death row launches a U.S. bid for clemency

The clock is ticking down toward a decision on whether Ronald Smith lives or dies.

The only Canadian on death row in the United States is expressing regret and sadness for the crimes he committed and the situation he finds himself in.

But Smith is also angry at the Canadian government for its "tepid" support of his clemency bid — support that came only after Federal Court forced it to act on his behalf.

"Am I that horrible a person that you have to be

forced to act like a human being?" Smith said at Montana State Prison — his home for the last 30 years.

Smith, from Red Deer, Alta., has been on death row since 1982.

A drug-addicted drifter back then, Smith and an accomplice, both high on LSD and booze, marched two men into the woods near East Glacier, Mont., and shot them in the head.

Smith said he shot the men just to know how it felt to take a life and because he wanted to steal their car.



► Ronald Smith's appeal options have run out. Now it's up to officials to determine whether his life should be spared.

Smith asked for and received a death sentence, but later changed his mind.

His legal avenues of appeal have all run out and the Montana Board of Pardons and Parole has sched-

uled a hearing in May after which it will make a recommendation on whether he should be spared.

The final decision will fall to Montana Gov. Brian Schweitzer.

THE CANADIAN PRESS

CHILD MOLESTER

Nabbed ... after decade on the lam

A convicted child molester who has been on the run from U.S. authorities for a decade has been captured in Canada.

Steven Dyer is wanted after failing to show up for a court appearance.

He was convicted in 2002 on 13 counts of child molestation and



► Steven Dyer

faces a minimum term of 169 years behind bars.

Border agents nabbed him at Montreal's Trudeau airport as he returned from Venezuela on Tuesday. He was living in Vancouver.

THE CANADIAN PRESS

Sentencing law wrong: U.S. lawyer

A lawyer who helped U.S. politicians write mandatory minimum-sentencing laws has a warning for Canada.

Long jail terms for minor drug offences have been a mistake in the U.S. and won't work in Canada, says

Eric Sterling.

Sterling is one of 28 current and former law-enforcement officials in the U.S. who have written to Canadian senators, Prime Minister Stephen Harper and the premiers.

They take issue with Bill C-10 — currently being studied in the Senate — which includes mandatory minimum sentences for drug offences.

THE CANADIAN PRESS

IF YOU ARE READY TO QUIT SMOKING, WE ARE READY TO HELP

If you or someone you know smokes, please read this...

Let's be honest. It takes a lot of willpower to quit smoking. There is no magic formula, only your desire to quit and solid support. Smokers Cleanse provides that support by helping with 3 of the most common problems that cause people to fail in their bid to finally 'kick the habit'.

SMOKERS CLEANSE IS A 3 PART, 30 DAY PROGRAM THAT WORKS!!

Part 1 - Lung Support

Lung Support works to clear the lungs of mucous and soothe irritated and inflamed bronchial passages. Lung Support also provides antioxidant support for the respiratory system and enhances detoxification through the lungs.

Part 2 - Craving Support

Craving Support helps to reduce periods of intense cravings. By using therapeutic levels of green tea extract, and the amino acids GABA and Tyrosine, this powerful formula will reduce cravings and the desire to smoke.

Part 3 - Stress Relief

Anxiety and sleeplessness are the most commonly reported symptoms associated with quitting smoking. Stress Relief formula promotes a feeling of relaxation, reducing the urge to reach for a cigarette and allowing for a more relaxing nights sleep.



\$5.00 off

Receive \$5 off your next purchase of Smokers Cleanse*

Dear Retailer: Renew Life Canada Inc. will reimburse the full value of this coupon on the purchase of the product specified. Other applications may constitute fraud. Applications for reimbursement received after 6 months from the expiry date, as indicated below, will not be accepted. Failure to send in, on request, that sufficient stock was purchased in the previous 90 days to cover the coupons will void coupons. Coupons submitted become the property of Renew Life Canada Inc. Reimbursement will be made only to the retail distributor who redeemed the coupon. For redemption, mail to: Renew Life Canada • 8 - 1273 North Service Road East • Oakville, ON • L6H 1A7.

* Limit one coupon per purchase. Coupon expires March 31st, 2012.

Look For Renew Life Products Wherever Natural Health Products Are Sold. To Find A Store Near You Visit WWW.RENEWLIFE.CA Or Call 1-800-485-0960 Ext 3



For more information visit www.renewlife.ca
facebook.com/renewlifecanada • twitter.com/renewlifecanada

► An Afghan protester holds a Qur'an as he shouts slogans during an anti-U.S. demonstration in Jalalabad, east of Kabul.

RAHMAT GUL/THE ASSOCIATED PRESS



Qur'an riots leave 7 dead

► Afghan anger over U.S. military's burning of Muslim holy book spreads

Clashes between Afghan troops and protesters angry over the burning of Muslim holy books at a U.S. military base left at least seven people dead and dozens wounded Wednesday as anger spread, despite U.S.

apologies over what it said was a mistake.

The demonstrations across four eastern provinces illustrated the intensity of Afghans' anger at what they saw as foreign forces flouting their laws

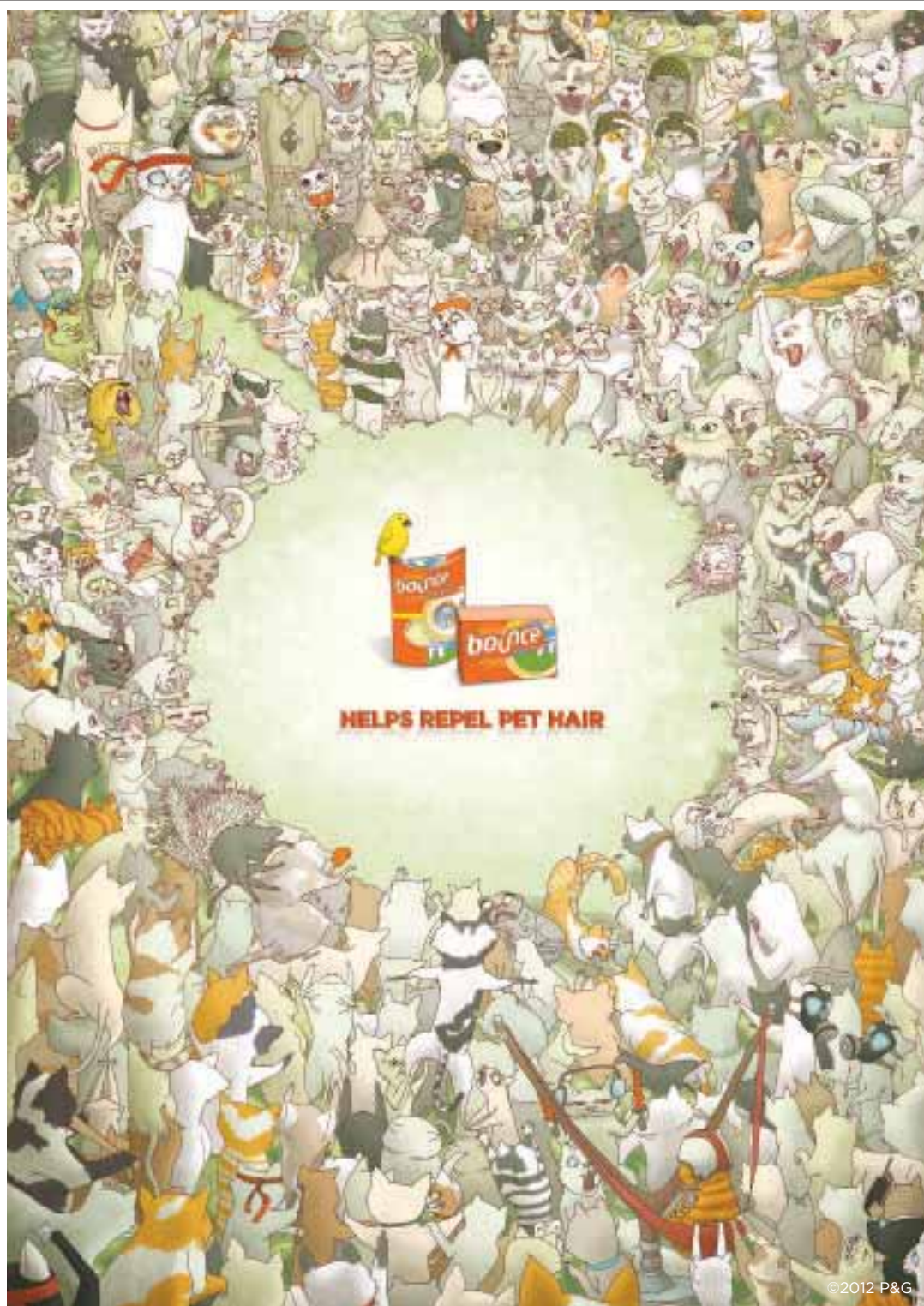
and insulting their culture.

The violence was also a reminder of how easily Afghan-U.S. relations can deteriorate.

The unrest started Tuesday when Afghan workers at the main American mili-

tary base, Bagram Air Field, saw soldiers dumping books in a pit where garbage is burned and noticed Qur'ans and other religious material among the trash.

THE ASSOCIATED PRESS



Do you
have **ALL**
your ducks
in a row?

When planning for your retirement have you considered making your Cremation and Burial arrangements part of that plan?



Greg Burner can provide you with a **FREE PLANNING GUIDE** and the information you will need to complete and fund your retirement plans.

Complete Cremation & Burial Services

THOMSON

FUNERAL HOME

www.thomsonfuneralchapel.com

(204) 783-7211



Shelling in Syria kills two Western journalists

- ▶ Deaths condemned, situation to be assessed by UN
- ▶ Foreign media being smuggled into country illegally

Syrian gunners pounded an opposition stronghold where the last dispatches from a veteran American-born war correspondent chronicled the suffering of civilians caught in the relentless shelling. An intense morning barrage killed her and a French photojournalist — two of 74 deaths reported Wednesday in Syria.

"I watched a little baby die today," Marie Colvin told the BBC on Tuesday from the embattled city of Homs. "Absolutely horrific, a two-year-old child had

been hit," added Colvin, a veteran foreign correspondent for Britain's Sunday Times.

Colvin, 56, and photographer Remi Ochlik, 28, were among a group of journalists who had crossed into Syria and were sharing accommodations with activists, raising speculation that government forces targeted the makeshift media centre, although opposition groups had previously described the shelling as indiscriminate. At least two other Western journalists — French reporter Edith Bouvier of Le Figaro and British photographer Paul Conroy of the Sunday Times — were wounded.

Activist Omar Shaker said the journalists were killed when several rockets

hit a garden of the house in the besieged neighbourhood of Baba Amr at around 10 a.m.

Hundreds of people have died in weeks of siege-style attacks on Homs that have come to symbolize the desperation and defiance of the 11-month-old uprising against President Bashar Assad. The bloodshed brought some of the most galvanizing calls for the end of Assad's rule.

"That's enough now. The regime must go," said French President Nicolas Sarkozy. **THE ASSOCIATED PRESS**

Eight bodies found on deck of Costa Concordia

Divers searching the capsized Costa Concordia cruise ship off a Tuscan island found eight bodies Wednesday on one of the passenger decks, including that of a missing 5-year-old Italian girl, authorities said. Italy's national civil protection agency said three of the bodies were recovered a few hours after being spotted by divers. It said they are those of a woman, a girl and a man. Because of worsening weather, the divers were not able to immediately remove the other five bodies. The bodies were transferred to hospital. **THE ASSOCIATED PRESS**

32

is the death toll on the capsized Costa Concordia, including bodies recovered and the missing, who are presumed dead.

LEONARDO ZAVATTARO/TELAM/THE ASSOCIATED PRESS

▶ Firemen rescue wounded passengers from a commuter train after a collision in Buenos Aires on Wednesday.



49 KILLED IN RUSH-HOUR ARGENTINA TRAIN ACCIDENT

The first two cars were packed so tightly for the morning rush that people were sandwiched between bicycles and the few seats.

This train didn't lurch, though. It had trouble stopping, overshooting platforms and missing at least one station entirely. It didn't come to a halt until it had slammed into a metal barrier at Buenos Aires' Once station. With

more than 1,200 people on board, the momentum was devastating. Forty-nine people were killed and 600 were injured. The cause has not been determined, but many pointed to a deteriorating rail system. The dead included 48 adults and one child, and 461 were hospitalized, Transportation Secretary J.P. Schiavi said.

THE ASSOCIATED PRESS

Trade in your phone and save

FidoTRADE
\$50
Bonus



fido

FidoTRADE™

Bring us your used phone from any service provider and we'll add \$50 to its trade-in¹ value when you activate a new one, like one of these.



LG Optimus 2X
\$0 ~~\$30~~
with select 3-year Fido Agreements²
You save \$425

Motorola RAZR™
\$50 ~~\$100~~
with select 3-year Fido Agreements²
You save \$475

Galaxy Nexus
\$130 ~~\$160~~
with select 3-year Fido Agreements²
You save \$470

It's time to switch.

Find a store or learn more at fido.ca



Discover the tab-free way



Get the Fido ADVANTAGE™

FidoDOLLARS

FidoANSWERS

Offers are subject to change without notice. A one-time \$35 Activation Fee applies; receive a credit for the entire amount of the \$35 Activation Fee on your invoice with new activation on a 2- or 3-year Fido Agreement. Device savings recovery fees and/or service deactivation fee apply according to the terms of your agreement. 1. Limited time offer. Offer available at participating stores to new or existing Fido customers with purchase of a Fido phone on a monthly plan or prepaid service. Subject to FidoTRADE Program Terms & Conditions: fido.ca/fidotrader. Limit one trade-in (consisting of one used phone) per person. 2. With new activation on a 3-year Fido Agreement on plans of \$25 or more and eligible Data Add-on (\$10/100 MB Add-on excluded). Taxes extra. ³Portions of this page are reproduced from work created and shared by Google and used according to terms described in the Creative Commons 3.0 Attribution License. All other brand names and logos are trademarks of their respective owners. Fido & design, FidoTRADE, Fido ADVANTAGE, FidoDOLLARS and FidoANSWERS are trademarks used by Fido Solutions. © 2012

Canadians expect to work past age 66: Survey

► Nearly half of respondents to Sun Life poll worry about retirement debt

As Canadians live longer and face tougher financial choices in their golden years, fewer than a third of respondents in a recent survey said they plan to be fully retired by 66.

Sun Life Financial's annual Unretirement Index poll, released early Wednesday, found that only about three in 10 Canadians surveyed said they plan full retirement at that age.

And the average expected age of retirement now hovers at 68 — up from 66 just last year.

The poll results from Canada's third-biggest insurance company reflect what other public-opinion surveys have shown for a while — that the concept

of Freedom 55 is a thing of the past.

"These results are not surprising given the current economic volatility, increasing consumer debt loads, rising health-care costs, longer life expectancy and lack of planning. We're also finding that some Canadians believe they'll have to work longer to be able to pay for basic living expenses," said Kevin Dougherty, president of Sun Life Financial Canada.

The retirement issue is coming to the fore as baby boomers are set to retire in the coming years, leaving fewer employees to pay into benefit plans and more drawing from them.

THE CANADIAN PRESS

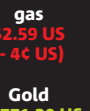
**YOU HAVE
7 DAYS
TO STOP
MORE THAN 69,000
ANNUAL DEATHS
DUE TO HEART DISEASE
AND STROKE.**

Please donate this February at
heartandstroke.ca
and make death wait.



HEART &
STROKE
FOUNDATION

Market moment

TSX	Dollar	Oil	Natural gas
			
+ 77.9 (12,701.26)	- 0.38¢ (99.96¢ US)	+ 3¢ US (\$106.28 US)	\$2.59 US (- 4¢ US)
			Gold \$1,771.30 US (+ \$13 US)

Twitter. Talk

► Twitter co-founder Biz Stone speaks to the Board of Trade in Montreal on Wednesday.



Take a tweet break: Stone

Twitter co-founder Christopher Isaac "Biz" Stone has a message for those followers who stare at their tweet feeds for hours on end: it's not healthy. He told a Montreal business audience that even he is amazed by the influence of Twitter, which the founders initially thought would just be used for fun.

Try our new menu and never have order envy again.

**16 NEW
DISHES**

Kelsey's new menu is here. Enjoy 16 fantastic new dishes made from delicious ingredients — like the freshly sautéed chicken, sweet red peppers and zesty chipotle pesto in our Spicy Chicken Rigatoni. If you don't love it as much as we do, it's on us. Guaranteed. So drop by tonight!

© Registered trademark of Cara Operations Limited.

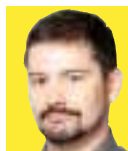
Taste the change in your neighbourhood.



BRACE YOURSELF TWITTERSPHERE, THERE'S A NEW TWIT IN TOWN

HE SAYS ...

JOHN MAZEROLLE
METRO



As someone who considers himself on the cutting edge of technology, I recently began using a website known as Twitter. Have you heard of it? I've spent my entire life missing out completely on trends — MySpace, The Thong Song, OxyContin — so my late arrival to the still-flourishing site has been a real revelation (the good kind, not the end-times, Santorum kind). Well, my stars. Twitter is like a million sites combined!

It's a sports site that lets me learn about false hockey trades from teenagers who have no higher goal in life than to pose as Bob McKenzie.

It's a journalism site that allows me to read a breaking news headline 87 times in rapid succession.

It's an entertainment site that has me waiting on pins and needles for that Charlie Sheen pocket tweet that will let me know once and for all that he has collapsed and died.

And it's a community. The site is positively packed with tweeters who will take the time out of their busy day to insult strangers they disagree with when they could have simply moved on. It's rare to see people go the extra mile like that.

I myself have about 50 followers as I write this and — here's the exciting part

"I myself have about 50 followers as I write this and, here's the exciting part, 43 of them I have never met before because they are too busy with their adult entertainment business."

— 43 of them I have never met before because they are too busy with their adult-entertainment business. As soon as I joined, I was swarmed with new friends with names like Sexy McXXX and Sarah TryMyWebsite!, which I assume is Polish.

With its intrinsic goal of adding as many followers as possible, Twitter is a bit of a drug. The notifications button on Facebook is only a mild buzz compared to the straight-heroin injection of getting new Twitter followers.

I never dream about work, but the first day I started using Twitter I dreamt about it. Specifically, I dreamt I was super-excited because Lenny from The Simpsons followed me.

Here's the honest truth: I find the site oddly intimidating. Because, unlike Facebook, which pushes everyone toward a sort of echo-chamber conformity, Twitter is really whatever you make it.

It can be a huge knowledge resource, an insight into the famous and powerful, and a promotional tool. Or it can be a site that you use for cheap factoids, a reality-TV buzz and to avoid working.

So will I be a Twitterati or just a Twit? I'll be following myself with interest.

Read more of John Mazerolle's columns at metronews.ca/hesays



Register at
metropolitanpanel.ca
and take the quick poll

What do you think of the government's new online-surveillance legislation?

16%

IT'S NECESSARY



0%

IT'S GOOD IN PRINCIPLE BUT NEEDS MODIFICATIONS

84%

IT'S INVASIVE

Local tweets



► **@madelinaches:** I forgot snow existed. I feel bad for my

Winnipeg tweeps #illbring-sunshinecomemay

► **@mheybelleDS:** Giving up alcohol and laziness for lent..

► **@thaniqqabreeze:** I was born with a rare disease called "awesome". There is no cure!

► **@craftynerdmoni:** Explaining twitter to a friend. She asks if hashtag is a group. #facepalm

► **@TheWpgChamber:** "Let's make a marketing plan to

encourage Winnipeg to become Canada's smartest city!" - Karen Milani #MBBOLD

► **@KayleighRobyn:** I am so glad the schools in Winnipeg aren't infested with scene kids and fake hipsters like other cities

► **@northendmc:** Oh man, love shopping in North End. Dufferin Ave rocks: fresh coffee, fresh fish & authentic jamaican cuisine!

► **@NorthEndRising #winnipeg @raydawg189:** Don't you love kicking dirty snow off your vehicle that has piled up behind the wheel? #winnipeg

Daily Zoom



Kevin Costner come to mind?

Not only seen in the movies

For a while, they called it "Kevin" after actor Kevin Costner, who starred in the 1995 flick *Waterworld*.

The name didn't stick, even in the mind of Zachory Berta, the Harvard University grad student who discovered the planet. "Planet Kevin" is called GJ1214b. **TORSTAR NEWS SERVICE**



"GJ1214b is like no planet we know of. A huge fraction of its mass is made up of water."

ZACHORY BERTA

GJ1214b facts

- **Planet of hot, hot water.** It orbits a red-dwarf star at a distance of just two million kilometres, meaning temperatures on the planet are above 200 C.
- **'Super Earth.'** It's about 2.7 times the Earth's diameter and almost seven times its weight.

Experts discover 'water world'

SPACE. For years, water worlds have been the stuff of space sci-fi; now they're reality. Experts have revealed that the planet GJ1214b is a new classification of celestial body: a mix of water and high temperatures that could help host alien life. Other planetary types are: rocky (Earth), gas (Jupiter) and ice (Uranus). **● MWN**

40

GJ1214b is 40 light years from Earth. It's believed GJ1214b formed farther out from its star, where water ice was plentiful, and migrated inward early in the system's history, thus passing through the star's "habitable zone."

Telescope helps clear the haze

DISCOVERY. Analysis of the watery planet in 2010 suggested that it was simply covered by a "haze," similar to that surrounding Saturn's moon Titan. But the latest results from NASA's Hubble Space Telescope show that it more likely has a thick atmosphere of water vapour. This "super-Earth" was first discovered in 2009. **● MWN**

WagJag.com

DEAL OF THE DAY!



Buy For:
\$39

\$39 FOR A 10-CLASS POWER YOGA PASS AT MORFIT (A \$100 VALUE)

HIGHLIGHTS

- Tone and strengthen your body
- Relaxing and effective workout
- Well-equipped gym
- Showers and lockers on site

Regular Price: \$100.00

You Save: \$61.00

Discount:

61%

CURRENT DEALS



Buy For:
\$12

\$12 FOR 4 SUPER PADS INCLUDING SHIPPING (A \$40 VALUE)



Multiple Offers!

PICABOO: TWO OPTIONS
OPTION 1: \$10 FOR AN 8.5X11 CLASSIC CUSTOM HARDCOVER BOOK
OPTION 2: \$25 FOR AN 11X14 CLASSIC CUSTOM HARDCOVER BOOK



Buy For:
\$59

\$59 FOR 2 ATHLETIC THERAPY AND SPINAL DECOMPRESSION TREATMENTS PLUS \$200 OFF ORTHOTICS AT HEALTH MEDICA (A \$450 VALUE)

ACT OF VALOR
A MOTION PICTURE FEATURING ACTIVE DUTY NAVY SEALS



ENTER FOR A CHANCE TO WIN A PRIVATE SCREENING AT [WAGJAG.COM/ACTOFVALOR](http://WagJag.com/ACTOFVALOR)

WagJag.com

IN THEATRES FEBRUARY 24

No purchase necessary. Open to all residents of Canada, except those residing in the province of Quebec. Participants must be at least 18 years of age. Contest closes on February 24, 2012. Go to WagJag.com/ActOfValor for full contest rules and regulations.

Visit: **WagJag.com**

Follow us on:   facebook.com/wagjag
[@wagjagwinnipeg](https://twitter.com/wagjagwinnipeg)

Hurry to WagJag.com to purchase local deals before time runs out.

2

scene

Justin Bieber



He's only 17, but pop sensation Justin Bieber is back with his second book. HarperCollins announced Tuesday that it will publish Justin Bieber: Just Getting Started. The book is described as "the second official photographic book" from the multiplatinum-selling superstar. The company says it will be released worldwide in September.

THE ASSOCIATED PRESS



Adele caps a momentous year, Ed Sheeran breaks out at UK music's Brit Awards

The multiplicity of metal

► Three grindcore comebacks highlight this year's Manitoba MetalFest ► Prepare to rock out

BACKSTAGE PASS

JARED STORY
METRO WINNIPEG



Back to the grind. Manitoba MetalFest caps off three nights of metal

thrashing madness with a trio of grindcore comebacks — Peg City political grinders Malefaction and Head Hits Concrete and legendary American act Brutal Truth.

"Cory Thomas (Putrescence drummer and MetalFest's driving force) asks us every year to play MetalFest and we've always turned him down, but this year he was finally able to convince us," Malefaction vocalist Travis Tomchuk says, who is joined in the band by drummer Cory Koss, guitarist Clint Chiarella and bassist Mike Klassen. "The fact that we haven't done a reunion show mostly has to do with our drummer. His reasoning was that our last show back in October of '04 was just too spectacular to ever top, so why bother?"

Why bother? Two words: Brutal Truth. The men in Malefaction are big fans of the groundbreaking grindcore group, which is revelling in a resurgence of its own. Released in 2009, Evolution Through Revolution is



► Suffocation will be appearing at this year's Manitoba MetalFest, which kicks off Mar. 24.

Brutal Truth's first album in 12 years. An absolutely raging record, time has not tempered the band; then again, grindcore isn't one for slowing down.

"Grindcore has always stayed strong as a genre," says Dan Lilker, bassist and founder of Brutal Truth. "It's over 20 years old now and the fact we could comeback after all that time and still have people into us proves its legitimacy and longevity. It shows that grind is still going strong and that's inspiring."

Of course, there's more to Manitoba MetalFest than just grindcore. The festival kicks off Mar. 24 at the Park Theatre with an all-ages show that includes metalcore band

"We're looking forward to coming up there and grinding you people into pieces and enjoying some nice weed, some nice Canadian beer and some Canadian metal."

LILKER

Murder Scene Memories and progressive death metallers Eyam. Friday night at The Zoo features Vancouver funk/metal band Ninjaspy and Montreal technical death metal outfit Neuraxis and before Saturday night's grind get-together, instrumental heavy metal band Electro Quarterstaff and

throwback thrashers Evil Survives will hit The Zoo's stage.

If anybody knows about the importance of multiplicity in metal, it's Lilker. He is the co-founder of speed metallers Nuclear Assault and crossover thrashers Stormtroopers of Death, as well as legendary thrash metal band Anthrax, playing bass on its Fistful of Metal debut. In addition to Brutal Truth, the 45 year old bassist also currently plays in black metal band Crucifist.

"I like playing metal," Lilker says. "Sometimes it gets boring doing one thing, so I like to stretch out and explore other stuff, just as long as it's extreme in one way or another."

Lilker says regional festivals like Manitoba MetalFest are vital to metal's variety and health.

"In Europe they get really big metal festivals like Wacken, With Full Force and Hellfest, but in North America you don't really get those," Lilker says. "It's really cool that there can be things like this (Manitoba MetalFest) that are bigger than just a regular gig. It's really good to have shows like this so things can be on a slightly bigger scale than just another club show."

"We're looking forward to coming up there and grinding you people into pieces and enjoying some nice weed, some nice Canadian beer and some Canadian metal. We'll have a good ol' time."

Jill Hennessy pulling for Plummer

The Canadian Press has been asking entertainment personalities to share their thoughts on Sunday's Academy Awards. Today, Canadian actress Jill Hennessy talks about her favourite film of the year and the fellow Canuck she's rooting for.

"I loved The Descendants, I think Alexander Payne is just a brilliant writer/director and that film is just so easy to relate

"I've only seen scenes from that film but he's glorious and in a way I've never seen him." JILL HENNESSY

to," says Hennessy. "Everybody is so good but ... the boyfriend (Nick Krause) who I didn't hear much about in the press was unbelievable, what a subtle, beautiful performance."

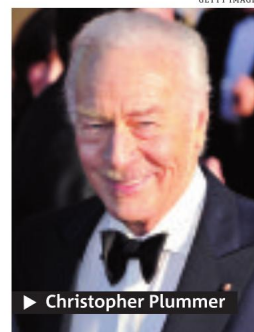
She's hoping to see Canadian thespian Christopher Plummer win the best supporting actor Oscar for his role in Beginners. Plummer plays a dying widower who reveals to his son (Ewan McGregor) that he's gay.

"He deserves it, I've only seen scenes from that film but he's glorious and in a way I've never seen him," Hennessy says.

THE CANADIAN PRESS



► Jill Hennessy



► Christopher Plummer

GETTY IMAGES



Lindsay Lohan

Lohan's career back on track?

It's been a good week for Lindsay Lohan, career-wise.

First, it was announced she'll be hosting Saturday Night Live again on March 3, and now sources say that the troubled actress has been confirmed to play Elizabeth Taylor in a Lifetime television movie about the screen icon, according to Hollyscoop.

The film, *Liz and Dick*, will focus on Taylor's relationship with Richard Burton.

A source says that as long as Lindsay stays out of trouble and fulfills all the obligations of her probation, the job is hers.

● METRO

His lips are sealed

► Adam Levine refuses to dish dirt on Aguilera

THE WORD

DOROTHY ROBINSON
SCENE@METRONews.CA



In an interview on The Howard Stern Show on Tuesday, The Voice coach Adam Levine proved himself to be smart

about a few topics.

Stern tried to get Levine to gossip about fellow mentor/judge Christina Aguilera's recent weight gain.

"Why do you think she's gotten so heavy? Is she upset?" Stern prodded.

"She used to be so (expletive) hot ... And her clothes are too tight,



► Adam Levine with girlfriend Anne V.

right?" the shock jock continued.

"When you're a plus-size woman, you can't wear the tight clothes anymore."

Levine responded diplomatically, stating: "I wouldn't go that far, actually."

And when Stern pushed the point, asking what size Aguilera is, the musician-turned-reality star wisely shut Stern down: "I'm keeping my (expletive) mouth shut."

Smart of him, right? Then the topic veered to Levine's Russian model girlfriend, Anne V.

"This is the longest, most functional relationship I've ever been in, I don't want to screw it up," he said.

Update on Houston's drug intake

A new report looks to confirm that Whitney Houston's death earlier this month was caused by a mixture of alcohol and prescription drugs, according to Radar Online.

"Whitney had taken Valium, Xanax and alcohol, which led to her death. The coroner is waiting on final toxicology results to determine



► Whitney Houston

which one of the three was the major contributing factor of her demise," a source says. "The coroner will be closely examining Whit-

ney's blood alcohol content at the time she died as well. The sedatives and alcohol will almost certainly be the cause of death, and not drowning. Her heart stopped beating because her respiratory system was suppressed because of the anti-anxiety meds, and combined with the booze it probably happened very quickly before she was found partially submerged in the bathtub." ● METRO

Celebrity tweets

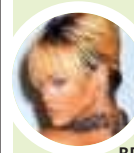


I want a million followers. That's all. That's 5% of what @LadyGaga has.



@jerryseinfeld

So they're watching Knicks in Taipei but I can't get the game. #iliveheredammit



@rihanna

I can't believe I'm pullin an all nighter on my BDAY!!!



@TheRealRoseanne

I will appoint a native american as head of the dept. of Immigration.

Barrymore pregnant?

Drew Barrymore was spotted leaving a Beverly Hills doctor's office with fiancé Will Kopelman by her side and a sonogram printout in her hand, according to TMZ.

So does this mean that the actress is expecting? Her rep had gave a firm "No comment" in response.

But it could explain why Barrymore isn't farther along in her wedding planning. At a recent event — to which she showed up in fairly loose-fitting clothing — Barrymore admitted she hadn't even started shopping for a wedding dress.

"Oh,



► Drew Barrymore

gosh, I don't know," she said.

"I've been trying to figure it out! All I know is that I want something tasteful, something timeless."

● METRO

THE REWARDS YOU WANT

20x faster

SATURDAY, FEBRUARY 25

20x THE SHOPPERS OPTIMUM POINTS*

WHEN YOU SPEND \$50 OR MORE ON ALMOST ANYTHING IN THE STORE.

FREE feels good

SHOPPERS DRUG MART

*Points are issued according to the red and blue numbers listed on eligible products after redemption and discounts and before taxes using a valid Shoppers Optimum Card®. Excludes prescription purchases, Shoppers Optimum Bonus Points®, Shoppers Optimum® MasterCard® points, product or trial sample orders, non-portable items, tobacco products (where applicable), lottery tickets, passport photos, stamps, travel tickets and passes, event tickets, gift cards, prepaid phone cards, prepaid card products and Shoppers Home Health Care® locations. Offer applies to photocopied receipts that are picked up and paid for on the day of the offer only. Not to be used in conjunction with any of our Shoppers Optimum Points® promotion or other offers. See cashier for details. 800.525.8822 ©2012 SLM

3 life

Mad Hatter

Hats and headdresses of all kinds have popped up on New York and London's runways. We look at some of the wildest.

● METRO



► Marc Jacobs



► Jeremy Scott



► Louise Gray



Tough urban cool at Topshop Unique's London fashion show

► How Christopher Kane, McQ and Acne sold us on fall's most ubiquitous colour

Burgundy is anything but bland



KENYA HUNT

LIFE@METRONEWS.CA

METRO WORLD NEWS IN LONDON

As far as colours go, burgundy is a pretty lackluster follow-up to all the pops of yellow we saw for spring.

That age-old mix of red and brown brings to mind '80s corduroy, Avon lipstick and micro-suede couches sold at a deep discount in suburban furniture warehouses. Hardly something women would clamour to wear.

Simply put, the maroon parade that marched its way through New York was kind of a let down.

Then the London shows came along and things started to change.

In Christopher Kane's hands, the shade became sexually charged, Gothic and a little dangerous on his leather-trimmed dresses, padded coats and cigarette trousers.

Kane used a shade that more so resembled freshly drawn blood than living room curtains with a techie, moiré fabric that changed tones as the models moved. And that's exactly what made it so memorable.

The costume designers for True Blood should take



► McQ



► Acne



► Christopher Kane



► Burberry Prorsum

What's trending

Military-inspired outerwear is hot for fall.

IAN GAVAN/GETTY IMAGES

note. Vampire Pam's closet could use an update.

Acne, meanwhile, gave burgundy a futuristic sheen in glossy leather pieces such as sleek trousers, a belted sculptural coat and full skirt.

They looked subversive

and directional — and yet timeless. You could wear these without looking like you've succumbed to the trend of the season and pull them out a few years later and still look modern.

Most memorable, though, were Sarah Bur-

ton's sublime plays on texture at McQ.

Burgundy looks best when done in rich, plush, touchable things and Burton exploited this to maximum effect. Take her V-neck dress made out of shaved mink on top and

embroidered velvet on the bottom, accessorized with leather elbow-length gloves. It looked glamorous without reading old; it was romantic while still maintaining an edge — a world away from the suburban living room.

Jeanne Space

In this hectic modern world, Twitter has become a cool and succinct way of communicating. It allows me to be accessible, instantly speak my mind, and connects me with all kinds of people. Whether it's a fashion question or you just want to comment on life's bigger picture, I'd love to hear from you.



@Jeanne_Beker: Now that my still nameless little guy has started to test me: What's the best dog-walking outfit? (For me, not him!)



@patrickdisco: kelly bundy-esque pleather minidress, laceup stilettos and a big hair bow

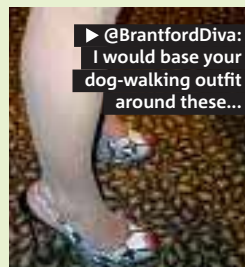
@RadioGalDonna: I always wear my gym

pants to be comfy, and easy to wash if paw prints end up on them :)

@Jeanne_Beker: Love it! An unpretentious pet

owner!! Makes practical sense, for sure....

@ReneeGold1: Lu Lu Lemons or a Juicy Couture Jogging Suit! Comfort is key!



► @BrantfordDiva: I would base your dog-walking outfit around these...



@juliawants: leggings, boots, anorak!

STAIN REMOVAL THAT'S COUCHED IN DIFFICULTY

CHARLES THE BUTLER



ASKCHARLES
THEBUTLER@
METRONWS.CA

FOR MORE, VISIT
CHARLES
MACPHERSON.COM

Dear Charles the butler, I have a very dirty microfibre couch and no idea how to clean it. The instructions said dish soap/water, but that just leaves a water stain, which looks worse. Thanks, Trevor

Dear Trevor,

You are absolutely correct. Generally when you treat a single stain in a specific location you run a high risk of creating a different spot. This new spot is the "treated" area and it becomes a different colour from the rest of the fabric that hasn't been treated.

So often "spot" cleaning can be very tricky if you are not a professional. Remember professionals bring years of experience and are worth the investment.

To correctly remove a stain, you must know what the stain is so you can use the correct treatment. Usually for a piece of upholstered fabric you need to treat then clean either the entire cushion or couch.

I have absolutely no connection with Bissell but I have used their Portable Deep Cleaner with great success. This has worked for me to clean both an individual stain and the entire chair or couch.

One final note, don't let items get too dirty. The dirtier an item, the harder it is to clean, and testing your cleaning product/technique somewhere where it will not be seen is always a good idea!

HAVE A QUESTION? SEND A MESSAGE TO ASKCHARLESTHEBUTLER@METRONWS.CA

A taste you can't refuse

► Years after winning big at the Academy Awards, The Godfather still fascinates ► Even Don Vito Corleone wouldn't be able to resist this snack

The Godfather

The Godfather is a sweeping saga of crime, punishment and the complexity of family ties. But it has its foodie side, too.

There's the ominous orange — you can expect trouble when one of these appears in the movie. There's the scene where Clemenza teaches Michael

Corleone how to make gravy (spaghetti sauce) because "you never know, you might have to cook for 20 guys someday." And was there ever sager culinary counsel than this? "Leave the gun; take the cannoli."

Angry Meatballs

Preparation:

- 1 In medium bowl, combine loose spicy Italian sausage with lean ground beef. Form into 2.5-cm (1-inch) balls.
- 2 In skillet over medium, heat olive oil. Add 4 cloves thinly sliced garlic and sauté for 3 minutes.
- 3 Add meatballs and cook until browned and cooked through, 6 to 8 minutes. Use a slotted spoon to transfer meat-

Ingredients:

- 250 g (1/2 lb) of loose spicy Italian sausage
- 250 g (1/2 lb) lean ground beef
- 45 ml (3 tbsp) olive oil
- 4 cloves garlic
- 5 ml (1 tsp) crushed red pepper flakes
- 500 ml (2 cups) halved grape tomatoes
- 125 ml (1/2 cup) torn fresh basil

The Godfather



► This recipe makes 24 meatballs.

balls to a plate.

- 4 Add crushed red pepper flakes, halved grape tomatoes and torn fresh

basil leaves to pan. Sauté for 1 minute, then season with salt and pepper. Spoon over meatballs. THE ASSOCIATED PRESS

ADVERTISING FEATURE

\$93 Million Worth of Scholarships Available



SCHOLARSHIPSCANADA.COM TEAM
INFO@SCHOLARSHIPSCANADA.COM

ScholarshipCanada.com is an educational site for students to find scholarships, student awards, bursaries and grants. Students can search for scholarships by grade, school, field of study and scholarship provider. ScholarshipCanada.com has been helping students since 1998.

Students, parents and counsellors can sign up for an account on ScholarshipCanada.com. Signing up also gives you the benefit of creating saved scholarship

ScholarshipCanada.com is a community website (http://www.facebook.com/scholarshipscanada) and a Twitter (http://www.twitter.com/scholarshipscanada). With a variety of contests, Featured Scholarships and online events, ScholarshipCanada.com is more than just a website; it's an international community connecting people with scholarship opportunities.

With over 24,000 scholarships on our extensive database, there is an award out there for you. One of

Regardless of your academic status, scholarships come at different stages of your academic life.

Entrance scholarships are for students going into college or university (28% in our database), graduate scholarships are for students doing their master's or doctoral studies, and many other scholarships mean you will be automatically considered

years (er) and ed at studies. winning. is to apply. It seems really simple, but 60% of scholarship administrators would like more applications, so in touch with the ship admin. you have a about an pty. I don't opportunity simply because you were unsure about the eligibility requirements.

SCHOLARSHIPSCANADA.COM IS BASED IN TORONTO, ONTARIO
READ MORE ON SCHOLARSHIPSCANADA.COM/TIPS

www.ScholarshipsCanada.com/DreamBIG

average
social need
the year

SCHOLARSHIPSCANADA.COM

Good luck on your scholarship search! If you have any questions, feel free to visit us at www.scholarshipscanada.com or email us at info@scholarshipscanada.com. We'd love to hear about your

dreams and how winning scholarships can help you to achieve them.

Deadline: March 1st

Call: 1.800.211.5577

4 sports

Jets preview

Tampa Bay at Winnipeg
7:30 p.m.
TV: TSN-Jets



The Jets (29-26-7) host Tampa Bay (27-26-6), which has won its last three games. Steven Stamkos has five goals and three assists during the streak. Stamkos leads the league with 42 goals this season. Mathieu Garon has started the last two games, stopping 51 of 54 shots. Teddy Purcell has 11 points in his last eight games. Vincent Lecavalier (hand) was hurt on Saturday and is out indefinitely.

THE CANADIAN PRESS

Scotties. Curling



► Manitoba skip Jennifer Jones calls a shot during Wednesday's morning draw against B.C. at the Scotties Tournament of Hearts in Red Deer, Alta.

JONATHAN HAYWARD/THE CANADIAN PRESS

Jones drives Manitoba to top spot at Scotties

Manitoba's Jennifer Jones, B.C.'s Kelly Scott and defending champion Amber Holland continued to lead the pack at the Canadian women's curling championship Wednesday. The three teams closed in on playoff berths with six wins apiece. Both Scott and Holland finished the day 6-3, while Manitoba was 6-2 with a game to play later Wednesday against Yukon/Northwest Territories.

Jets should get Buff in blue paint

THE HOCKEY NEWS

RORY BOYLEN

WINNIPEG@METRONEWS.CA



From now until the end of the regular season, the Winnipeg Jets will be tooth-and-nail to make the playoffs. Every game from here on out will have that

win-or-go-home mentality and atmosphere to it.

This late in the year, you don't want to make any significant changes to your game plan, but when you're in the position the Jets are, you'll look for ways to gain an extra point or two here and there that will, hopefully, be the difference after 82 games.

What's one thing coach Claude Noel should consider? Putting Dustin Byfuglien in front of the net on the power play.

Sure that would take Big Buff's shot off the blue-line, but Tobias Enstrom and Zach Bogosian could carry that load. Not to mention having Byfuglien crowding the crease would automatically make those shots more lethal.

It's not something that would be new to him, either. Byfuglien often played in front of the net on the man advantage with the Chicago Blackhawks and after he left, the team tried to turn the trick again with

six-foot-eight John Scott. It didn't quite work out the same way.

There are many benefits to putting Byfuglien there. Not only will his frame make it harder for goalies to find the puck, but he'd also act as a distraction for defencemen trying to clear the crease while denying him the puck. Remember how much of a pain he was for Roberto Luongo back in the day? He gets in the heads of the netminders behind him because he's so in

your face.

The Jets' power play is middle of the road, so it's not as though it's a big problem that needs solving. However, Winnipeg should be looking for any edge it can to get right now and Byfuglien has in the past been known for his net disrupting presence.

Not having his booming shot at the point is a worthy concern Noel might have, but the payoff and benefits at the other end also could be plentiful.

ELMWOOD
HOBBY WORKS
260 HENDERSON HWY.



OPEN HOUSE
Saturday, February 25th

• Trains • Plastic Models • Rockets and more!

260 Henderson Hwy. (204) 669-2167 1-866-878-7379

HOURS: Mon-Wed&Fri-Sat: 10am-5pm, Thursday: Noon-8pm, Sunday: Closed

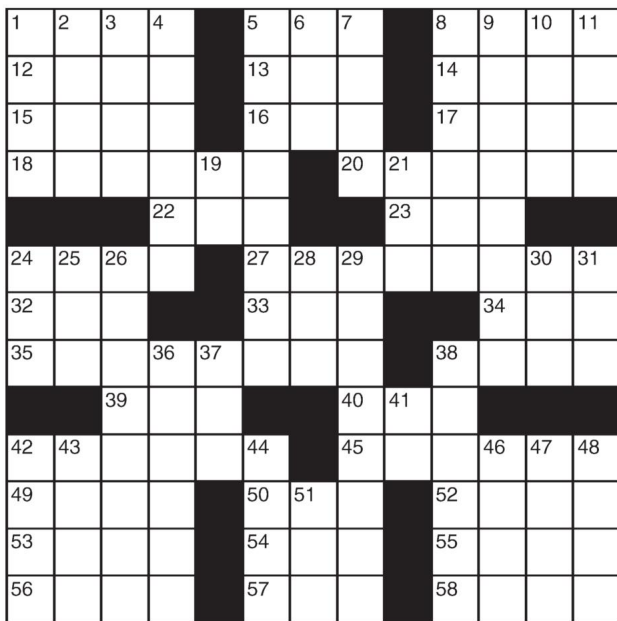
NEED A RIDE?

Read metro**sports**drive
every Wednesday.

Crossword

Across

- 1 Beige
5 Owns
8 Excellent, in slang
12 "You've got —"
13 Individual
14 Wealth source
15 "— She Lovely"
16 Periodical, for short
17 Congregation's cry
18 Government in power
20 Stress
22 Wrestling surface
23 Towel designation
24 Vocal comeback
27 Snake-related
32 To and —
33 Personal question?
34 Ernesto Guevara
35 Middle-ear membrane
38 Old card game
39 Shade source
40 Ram's mate
42 Of Hebrew descent
45 Lighthouse light
49 Shaving cream additive
50 Tokyo's old name
52 Tardy
53 Catherine, Henry VIII's sixth wife
54 Moreover
55 Grand story
56 BPOE members
57 Deposit
58 Dilbert's workplace
Down
1 Eastern potentate
2 24 bottles
3 Peel



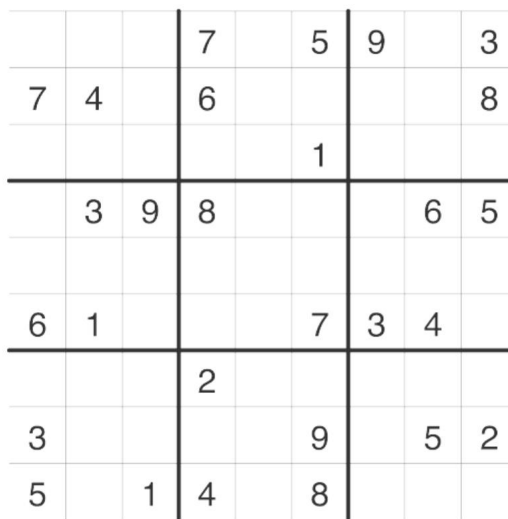
- 4 In the preceding month
5 Where you grew up
6 Literary collection
7 Genesis name
8 Tranquil
9 Nostalgic, in a way
10 Port of Yemen
11 Camper's shelter
19 Mother
21 Actor McBride
24 Salamander
25 Weep
26 Student's assignment
28 Dien Bien — (Vietnam city)

- 29 One disinclined to do the town
30 "Eureka!"
31 Trawler need
36 Needle-nose tool
37 Mornings (Abbr.)
38 Unopened
41 You and I
42 Scoff
43 Israeli airline
44 Get better
46 Garb for Superman
47 Elevator name
48 Choker location
51 "CSI" evidence

► Yesterday's answer



Sudoku



How to play

Fill in the grid, so that every row, every column and every 3x3 box contains the digits 1-9. There is no math involved. You solve the puzzle with reasoning and logic.

Yesterday's answer ►

1	7	3	8	6	5	2	9	4
9	8	2	4	7	3	5	6	1
6	5	4	9	2	1	8	7	3
8	3	9	2	5	7	4	1	6
2	4	1	6	3	8	7	5	9
7	6	5	1	4	9	3	8	2
3	2	8	7	9	6	1	4	5
5	1	6	3	8	4	9	2	7
4	9	7	5	1	2	6	3	8

Send a KISS

You can now post your kiss, and read even more kisses, at metronews.ca/kiss.

My Beautiful Children I wanted to take a moment to tell you all how much I love you! You have given me the best 18+ years of my life and I wouldn't trade it for anything! You are all turning out to be smart, honest, and beautiful/handsome. I <3 watching you grow up and develop your own personalities. Never let the "little" people keep you down. If you want something, go for it. I know you can do it. :) <3 YOUR MOM

You, I really thought you were the perfect one for me. Everything really clicked, or at least I thought it did. I guess I'm just prone to getting hurt way too much. No matter what girl you find now, I'll always love you a lot. Just because you never felt the same way, doesn't mean it'll change how I feel. You're really a great guy, I hope you know that. AEROPLANE OVER THE SEA

A look at the weather

TODAY	FRIDAY	SATURDAY
Min -12° Max -3°	Min -12° Max -10°	Min -14° Max -7°



Jenna Khan, Weather Specialist

"Weather impacts everything we do. Providing the information you need before you head out that door and take on the day is the best part of my morning." WEEKDAYS 5:30 AM



Today's horoscope

♈ Aries March 21-April 20

Both at home and at work you will be called on to shoulder heavy burdens over the next 24 hours.

♉ Taurus April 21-May 21

With so many cosmic influences working in your favour now there is precious little you can do that will be perceived as wrong.

♊ Gemini May 22-June 21

The sooner you assert your authority, the sooner you will get what you want. That applies to all areas.

♋ Cancer June 22-July 22

Your pace of life may be too hectic for some people but the Sun in sympathetic Pisces means you thrive on the pressure.

♌ Leo July 23-Aug. 23

Making money comes easy to you now but the question is: can you hang on to it? Don't waste what you earn on luxury goods.

♍ Virgo Aug. 24-Sept. 22

You can expect some rather amazing things to happen today, but they will be even more amazing if you make them happen yourself.

♎ Libra Sept. 23-Oct. 23

You are worrying for no reason. Channel fears into creative activities to turn negative into positive.

♏ Scorpio Oct. 24-Nov. 22

The planets urge you to be more active, more assertive and more ambitious. It's a creative time.

♐ Sagittarius Nov. 23-Dec. 23

21 So many things are changing now that it may all be a bit of a blur but you're naturally flexible.

♑ Capricorn Dec. 22-Jan. 20

Nothing can hold you back today. Nothing can dent your self-belief. You were born to be a winner.

♒ Aquarius Jan. 21-Feb. 18

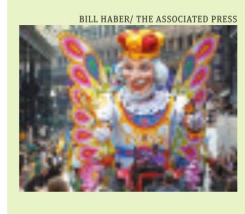
Don't worry if something of value goes out of your life. What comes in will make up for it.

♓ Pisces Feb. 19-March 20

Make sure those who mean the most to you can see how much you care. Don't just assume they know it — come out and say it in plain language. **SALLY BROMPTON**

For today's crossword answers and for expanded horoscopes, visit metronews.ca

Caption contest



You write it!

WIN! Write a funny caption for the image above and send it to play@metronews.ca — the winning caption will be published in Tuesday's Metro.

metro

CANADA'S FIRST NEWS APP IN

NEWSSTAND

Now available for iPad, iPhone and iPod touch!

FREE TRIAL

CALL NOW!
204-987-2222
Toll Free: 1-866-348-5282

COLLECT CALL BILLING: 1-866-607-5282
1-800-BILLING: 1-800-528-2543
Dial #CLICK (#25425) 79¢/min Bell, Rogers™, Fido 19¢/min Virgin Mobile

lavalife VOICE

lavalifevoice.com

**Move-in* NOW
and receive a
46" flat screen
TV installed!**

HARGRAVE PLACE

33 Hargrave Street, Winnipeg

book your appointment today (204) 800-0317



Experience upscale living with great features, finishes and breathtaking views.

- On-site resident building managers
- Controlled entry
- Laundry facilities on-site
- Beautifully renovated suites
- Heated underground parking available
- On-site management office
- On-site management office
- Fitness facility
- Furnished suites also available

Spacious two bedroom
suites from
\$1,111 to \$1,370
Utilities included



T *Timbercreek*
ASSET MANAGEMENT
www.timbercreekrentals.ca

*Applies to all NEW two bedroom, one year leases approved from February 23, 2012 to April 30, 2012. Furnished suites excluded.